

Restorative Health Programs: Improved Care Integration & Better Client Outcomes

What is Restorative Health?

Restorative health is CBI Health's unique approach to care. It has four elements that come together to maximize independence, function and well-being for clients.

This approach to care helps support an increasingly complex/aging population receiving home care services, including a significant proportion of Alternative Level of Care (ALC) clients who are deconditioned and waiting in hospital to access more appropriate settings to have needs met.

Our New Restorative Health Programs

In addition to our eight restorative health programs, we have innovated by rapidly deploying two new restorative health programs - a hospital to home transition program and a home independence program - that overcome system constraints and maximize current resources and outcomes.

Hospital to Home Transition Program

Expedited seamless transition out of hospital and a restorative health approach implemented to support clients to achieve their identified goals to optimize their functional independence.



"This program has changed my life, by making me realize that my health is important and gives me the tools to continue ensuring I am on the right path to taking control of my sugars."

Home Independence Program

A restorative approach and integrated team based care to enable clients to better self-manage at home.



"I am most proud of being able to shower on my own with confidence... before this program, I felt like I would have to be dependent on everyone around me."

Innovative Program Elements

- A holistic assessment to determine restorative care potential completed by a dedicated interdisciplinary care team
- One client centered care plan that supports clients to achieve their personalized goals, while optimizing functional independence and promoting self-management
- Defined clinical pathways with embedded standardized clinical outcomes that reduces variation and facilitates coordinated care
- 24/7 access to care and live on-call centre for accessible and responsive care
- Digital enablers, real-time communication, video conferencing and remote patient monitoring facilitating data sharing, collaboration and on demand personalized care



Restorative Health
Client engagement
Insights driven
Integrated care
Proactive wellness

Restorative Health Outcomes

Our two new restorative health programs have achieved the following outcomes:

70% Reduction
in emergency visits

88% Sustainable
functional improvement

60% Discharged
to self-management

50% Decrease
in need for personal support

How Our Restorative Health Approach Is Advancing Integrated Care

Our home healthcare programs are designed to enable functional independence, provide better continuity of care and create greater efficiencies for the healthcare sector. We collaborate with our system partners to assess, plan and implement integrated care delivery models that are fully optimized and focused on achieving the client's goals. If you would like to learn more, [click here to contact us.](#)